

Mentoring Roles

	Agenda	Process	Mentor Role	Mentee Goal
Discipleship	Set by the Discipler	Equipping and training	Instructor	To gain knowledge and skills with maturity in Christ
Spiritual Direction	Led by the Holy Spirit	Attentiveness and discernment in prayer	Co-discernment	Christ-likeness
Coach	Determined by the Coachee	Goal-setting, practice, feedback	Enable progress towards goals	Improved performance of specific skills
Counselor	Set by the Counselee	Enquiry and problem-solving of a personal / emotional nature	Facilitate increased self-awareness and ability to deal with 'life issues'	Enhanced social and emotional health
Teacher	Set by the Teacher	Knowledge transmission and guidance towards studying and learning	Facilitate and instruct relevant knowledge and skills	Develop an enquiring mind and build knowledge base